



THE LEDGER

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The Student Newspaper of Beverly High School

February 7, 2013

100 Sohier Road, Beverly, MA 01915

BHS NEWS IN BRIEF

BEVERLY'S GOT TALENT

The BHS Talent Show will take place on Wednesday, February 13th, at 7:00pm in the BHS Auditorium. Participants must complete a talent form, found in Mrs. Bigus' room (436) or Ms. Larochelle's room (346.) Tickets are \$5.00 in advance, and \$7.00 at the door.

CLASS OF '14 SWEATSHIRTS

Class of 2014 Sweatshirts are now on sale. Order forms can be found in room 351, and are due back by February 9th.

DOLLARS FOR SCHOLARS

If you are planning on applying for a "Dollars for Scholars" scholarship, the deadline is April 1. Register online at: beverly.dollarsforscholars.org.

SENIOR DUES

\$100

"The limit does not exist!"

Maddy McLaughlin '14
Staff Writer

How much do you know about your school's math team? Did you know that the BHS math team is composed of fourteen exceptionally intelligent students who compete once per month? And has practice meets on Tuesdays and Thursdays?

Mrs. Digenova sets up a Moodle page with practice problems for the meets. She chooses the practice problems based on previous competitions. The team typically comes in 2nd or 3rd place and goes up against six other teams in the North shore.

The team has been very successful the past few years. To support your math team, come to the next meet. The next meet will be on February 7th, in the BHS Cafeteria, and we hope to see you there!

BHS Freshmen Attends inauguration

Jada Saintelien '16, travelled to Washington, D.C. with her aunt on the weekend of January 21st, to witness President Barack Obama's second inauguration.

At the inauguration she toured our nation's capital and navigated the immense crowds to see Obama's swearing in by New York Sen. Charles Schumer. As well as speeches and performances by civil rights activist Myrlie Evers-William, Sen. Lamar Alexander, poet Richard Blanco, Kelly Clarkson, and Beyonce.

She said of our president's inaugural address, "it touched a lot of people and I thought it echoed the inspirational message of Martin Luther King."

Saintelien summed up her experience, "Overall I had an amazing time! It was so much fun going to the capitol, being on TV, and being able to witness Barack Obama's historic second- and last inauguration."



Conor's Words of Wisdom

Connor Heffer '15

Live a life of "oh wells"
rather than a life of "What ifs"
- Unknown

The Ledger

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Statement of Purpose: The Ledger has been written and published by BHS students since 1979. The Ledger's aim is to explore and expose issues important to students and staff. None of the opinions expressed reflect those of Beverly Public Schools or BHS Administration. The Ledger does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, age or disability in admission or access to its programs, services or activities, in treatment of individuals with disabilities, or in any aspect of their operations.

Beverly's Idol



Photo Courtesy of Autumn Skye

Maddy McLaughlin
Staff Writer

Have you heard?! BHS graduate Angela "Angie" K. Miller '12, has made it on the renowned show, "American Idol!" In the opening of "Idol's" season 12, Miller wowed the "Idol" judges with her amazing vocals and stirring rendition of Jesse J's "Mama Knows Best."

Angie knows how to charm her audience, with Nicki Minaj and Keith Urban feeling "in love" with her performance. She easily secured a unanimous "yes" from all four judges- sending her straight to Hollywood! We can be assured to see more of Angie as "Idol" unfolds,

and there are rumors that she has made it to the audience-voting stage of the competition.

Where did Angie start out, you may ask? Miller was part of the BHS chorus throughout her high school career, as well as the Honors Vocal Ensemble for her Junior and Senior years. She performed in several solos at holiday concerts, in addition to starring roles in BHS musicals.

Many will agree that Angie is pure star quality, and Beverly is extremely proud of their budding celebrity. Angie gained broader attention with her youtube videos featuring covers of popular songs. You can catch "American Idol," Wednesdays at 8pm on Fox. *The Ledger* wishes Angie the best of luck!

Art Showcase

Selected works from Ms. Tolan's Digital Photography Class



"Dreamer"

Katya VanAnderlecht '15



"Reflections"

Kayla Ostrowski '15

Undefeated Lady Panthers

Livvy Konaxis '13
Staff Writer

The girls varsity hockey team have a target on their back, with a record of 11-0 and clinching an early spot in the post season playoffs. The lady Panthers not only gained 7 new freshman to the team this year, but as well a new coach, Brian Seabury. The impact and hard work of the young players on the team has given the motivation to the rest of the players to play at full potential in every practice and game.

Up front on offense Junior Nicole Woods and Senior captain Livvy Konaxis, playing as a line for the third year, have been a huge force on the ice with a combine total of 54 points. As well,

Back on defense Danvers Sophomore Caitlin McBride and Beverly's Freshman Rachel Spencer have secured the panthers end.

Beverly with only 11 goals against, displays Senior Ami Thompson strong performance this year as the starting goalie and has placed a spot at eighth in Massachusetts.

Bruins are Back!

Ben Ayers '14
Staff Writer

As many already know, the NHL is back, meaning the long lasting lockout is over. This was well overdue for hockey fans everywhere, for some its their livelihood!

So far the Bruins lead the season with a 6-2 win-loss ratio, which is pretty good thus far. With one of the teams MVP's Tim Thomas taking a season off, Tukka Rask has taken over the net as the new goalie, and hasn't disappointed anyone.

Although he isn't Tim Thomas, he might as well be the next best thing for the Bruins. His saves have been fantastic and unexpected for Bruins fans. The morale of the team has been well fueled considering there were barely and seats left in the garden for their first game on January 19th ; tickets went for close to two hundred dollars!

The Bruins plan to have a 50 game season, which is good for the last minute compromise. With new goalie Rask, the season looks promising! GO BRUINS!

Long. Live. A\$AP

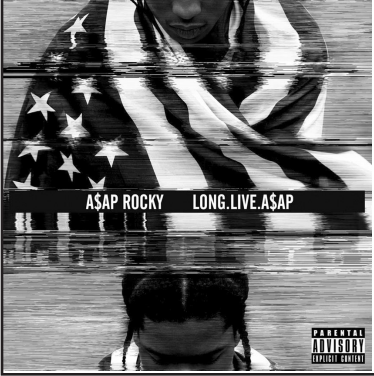
An Album Review by Student Musician Ryan Noss

Ryan Noss '14
Staff Writer

The production is consistently solid except "Wild for the Night," done by Skrillex, which is arguably the weakest song on the album.

A\$AP Rocky's debut album *Long.Live.A\$AP* dropped January 15, and featured big names ranging from Kendrick Lamar to Skrillex to Danger Mouse.

A\$AP himself has decent flow, and he undoubtedly has some clever lyrics, but behind all the wordplay there isn't any substance. He raps about the common themes - sex, drugs, and money - and specifically states in "Suddenly" that he simply doesn't support conscious rap. His singing, only heard in the title track, is surprisingly good; the fact that he doesn't sing more throughout the album is disappointing.



and definitely has some good tracks to bump with the windows down, but the more engaged rap listener is probably better off finding something with a little more substance.

Pounds for Prom

Rachel Lurie '14
Staff Writer

Skinny is beautiful. With prom season rapidly approaching, girls everywhere are striving more than ever to be society's version of "beautiful." Prom dresses are all advertised on models who look exactly the same: tall, tan, and bone thin-the quintessential 'beautiful' girl.

The pressure to be thin has become more and more prominent in the media as time has gone on, leaving millions of girls feeling bad about themselves and their bodies. There are plenty of inner-beauty campaigns, but they are all run and endorsed by girls who are beautiful on the outside as well. Try having a gorgeous, thin, supermodel tell you to be comfortable in your own skin because "you are beautiful on the inside" and see if the message actually seeps in.

Prom is supposed to be a fairy tale, and millions of girls across America spend their entire childhoods looking forward to it, so it is understandable that when their time finally arrives, they want to look perfect. Prom dresses are not advertised for all body types, however, which leads girls to believe that instead of buying a dress that flatters their body, they need to drastically alter their body to flatter the dress.

To make matters worse, the dresses run incredibly small, which means people will have to buy bigger sizes than normal. Having to go up a size is always difficult and can badly hurt a girl's self esteem. Instead of swallowing their pride and buying a size that fits, girls are compelled to lose enough weight to fit into the size they want to be. Now that prom is just a few months away, it is crunch time. It is impossible to walk down the hall or look at any social media site without seeing or hearing girls talking about "getting in shape for prom" and starting their "prom diet."

Rather than going on a healthy diet and exercising in healthy regiments, girls will start starving themselves and exercising their bodies to their breaking points. They will eat only when absolutely necessary, they will count and obsess over every calorie, and they may cut out certain essential food groups altogether. People can call it whatever they want, but calling an eating disorder a "diet" does not make it one.

The time is now to make sure that your girlfriend or your best friend or your sister or even the girl in the mirror knows that she is beautiful exactly the way she is. Dieting can be healthy. Eating disorders are not. The habits formed during an eating disorder are incredibly dangerous and detrimental to one's health. Take care of the people you love, and most importantly, ladies, take care of yourselves. There is a dress for everyone, and you will be stunning.

"Once Upon a Time" Has Renewed Meaning

Jacqueline Tetrault '13
Staff Writer

Fairy tale characters trapped in the present-day real world. That premise has been used before, as seen in Disney's **Review** movie *Enchanted* and Michael Buckley's children's book series *The Sisters Grimm*. What makes ABC's drama *Once Upon a Time* any different? To begin with, there is the fact that the storybook characters initially have no memories of their old lives. Most of the characters each have two alternate identities: one in the Enchanted Forest, and another in the fictional town of Storybrooke, Maine. The charming bedtime stories have been altered into multiple ongoing sagas, and the characters we think we know become more human. They have been given personalities and emotions that go deeper than the expected elements of adventure and romance.

Once Upon a Time premiered in October 2011 and returned for a second season last September. The show is written and directed by Adam Horowitz and Edward Kitsis, two of the writers for the series *Lost*. The first season focused on a main protagonist, Emma Swan (Jennifer Morrison), who grew up in our world, not knowing she is the daughter of Snow White (Ginnifer Goodwin) and Prince Charming (Josh Dallas). Now midway through the second season, the story's scope has expanded to include and explore a wide variety of characters.

"Once upon a time" may seem like a clichéd title for a series about fairy tales; yet it is fitting because each episode includes flashbacks from varying points in the characters' pasts. Everyone's lives appear intertwined, and every character is faced with consequences of actions they take in either of the realms. The only downside of having such a complex and out-of-order story is that it makes it hard to tune in occasionally if you haven't seen most or all of the prior episodes.

The show has been praised for having a fantastic group of strong female characters. Snow White has to save Prince Charming as often as he saves her. Disregarding a few low-cut ballgowns, *Once Upon a Time* takes a reasonably feminist approach to the fairy tales. Of course every thrilling story has its villains. The person who brought all the fairy-tale characters to the real world was Snow White's stepmother, Regina (Lana Parilla), who also happens to be the adoptive mother of Emma's precocious son Henry (Jared Gilmore). Rivaling the Evil Queen is the manipulative Rumplestiltskin, fantastically played by Robert Carlyle. One intriguing quality of the show is that there are no clear-cut sides of good versus evil. The antagonists are just as complex as the protagonists, with their own histories and motives and goals.

Once Upon a Time can easily be enjoyed for the writers' style in storytelling and the actors' ability to bring life to a wide variety of characters.