

# THE LEDGER

“Veritas et integritas.”

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The Student Newspaper of Beverly High School

February 3, 2011

100 Sohier Road, Beverly, MA 01915

## BHS NEWS IN BRIEF

### GUIDANCE UPDATE

For those who have not read the most recent BHS Guidance Newsletter, here are some important points that you missed and dates to put on your calendar.

- Freshmen should start developing a four-year plan, organizing a college file, participating in clubs, activities, and sports, and utilizing Naviance to prepare for the future.
- Sophomores should sign up to take the PLAN, the practice ACT, to see their academic strengths and weaknesses, and prepare for the ACT.
- With college approaching, the Guidance Department will be holding a college planning seminar for Juniors on February 10th. There will also be a field trip to UTI on January 27th, and a Career Seminar Day on February 18th.
- Seniors should start finalizing their after high school plans and remember that February 15th is the priority filing date for your FAFSA's. Also, students should send their mid-year reports if their colleges require, which guidance can not send without your consent.
- Look for more upcoming Guidance Newsletters in your Naviance account or contact your guidance counselor for more information.

The **Annual Junior Parent College Information Session** will be held tonight from 4:30 to 5:30 pm in the auditorium. The Guidance Department will provide insight into the college admission process. The guidance counselors will talk about establishing timelines, choosing a college, Naviance, the SAT's and ACT's, and the applications. Following the presentation will be the Second Semester Open House from 6 to 8 pm.

### SPORTS UPDATE

The **Boys Hockey Team** has had an impressive season with a record of 10-3-1. Senior captains Mitch Hamor, Andy Brown, and Tony Walsh have led the way and set great examples for the “Freshmen Eight.” The Panthers hope to continue this momentum heading into the tournament, which they have already qualified for.

The **Girls Hockey Team** squeezed past Everett Saturday night 4 - 3 to continue on to an 8 - 4 record. Freshman Nicole Woods had her first natural hat-trick to lead the Panthers to victory. The girls need to win just two of the next eight games to clinch their spot in the state tournament. Their next opponent is Franklin, on the road at 7:30 tonight.

After a very successful season, the **Girls Track Team** ended with a record of 6-1. The loss to Peabody broke the team's winning streak, which had lasted for over 50 meets. The girls will compete in the NEC League Meet at the Reggie Lewis Center to finish the season.

The **Boys Track Team's** season ended with a record of 1-6. Last weekend, the boys participated in the Massachusetts State Coaches Meet, and Kenny Pierce ran the 300 meters at 39.29 seconds, setting the sophomore record. Senior George Louis ran the 55 meter dash getting 6.69 second, making a new school record.

With a record of 6 - 5, the **Girls Basketball Team** has had an outstanding season, in spite of not having a home court. Key players this year have been seniors Jen Ashton, Ashley Chalifour, Rachel Wilwerth, and junior Becca Moriarty. Their next game will be on Friday at Salem State College.

The **Boys Basketball Team** has a record of 6-6. With only 8 more games, they need to win 4 in order to qualify for the state tournament. Key players this season have been juniors Zach Ziglebaum and Chris Keaton. Their next game will be on Friday at Lynn English High School.

The **Swimming and Diving Team** has a record of 7 -1. They are still in the playoffs for the NEC Champs. Contributing member have been juniors India Boland, Riley LeBlanc, and Connor Flynn, and senior Pat Wilson.

*The Ledger congratulates Mr. Michael LaPenna on his retirement following over 30 years of dedicated teaching at Beverly High School. Mr. LaPenna has been a beloved part of Beverly High School faculty. He will be remembered for his passion for reading and poetry. Mr. LaPenna will always be a part of the BHS family.*

## Senior wrestlers proud of their NEC tradition

Emily Schultz '11 and Corey Malone '13  
**Staff Writers**

Beverly Wrestling has kept to tradition and risen to the top again. For the fourth straight year, the Panthers are yet again the NEC Champions. Beating out rival Salem in a close match for the title, Beverly rejoiced in its success, with all of its hard work paying off.

The deciding match against Salem was an exciting, tough, and overall rewarding win. Strong pins by seniors Evan LaCombe, Conor Sullivan, and sophomore Antuan Tran revved up the crowd and team spirits, while strong showings from always consistent Joe Wioncek, Renaldo Cuko, Aaron Ingemi, and Brian Foley helped secure the title for the Panthers.

With the teams tied in the NEC, they were evenly matched in strength and skill. Coach Thomas strategized well in setting his varsity lineup. In order to take no chances, Thomas moved senior captain Brian Foley to the 135 weight class instead of his normal 130 pound weight class, which helped the team clinch the win against Salem that night. Freshman TJ McGovern wrestled at the 130 pound weight class and put up a

good fight for his first year wrestling for varsity. Although McGovern lost to Salem senior captain Joey Dinh, Foley finished it off in a flawless match against Chad Coehl. The team has com-

this year's graduating seniors have been NEC champs for all of their high school wrestling careers.

Signaling the end of the regular season, the team is transitioning into the annual swing of post-season individual tournaments.

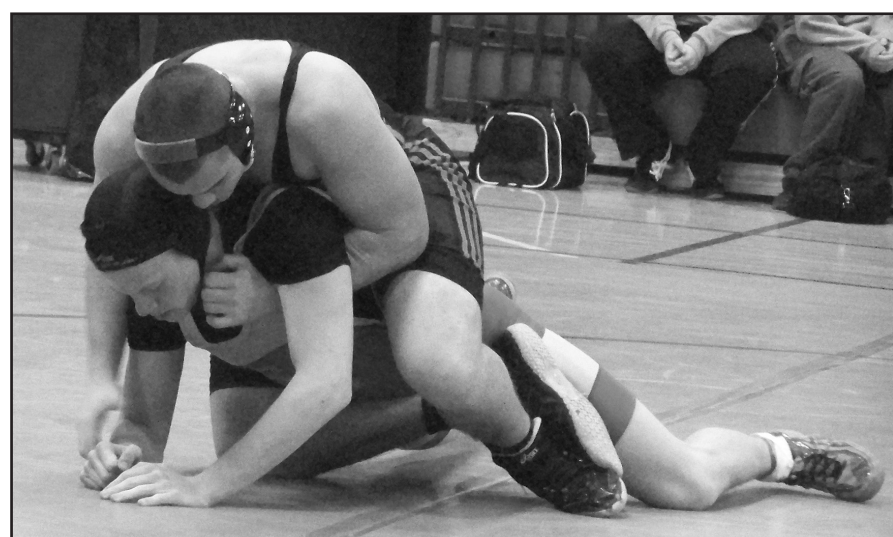
With the group of strong, dedicated wrestlers and the confidence of another title, the odds for Beverly's wrestling program are looking fantastic.

Saturday, January 29th was the annual CAL/NEC individual tournament at Pentucket Regional High School. All the teams and coaches from the Cape Anne League (CAL) and the North Eastern Conference (NEC) were there. Fourteen wrestler's, one for every weight class, from every school arrived to weigh in before the all day tournament.

Senior captains Steve Wilbur and Renaldo Cuko took fourth place overall for the tournament.

Wilbur wrestled strong, but was cut short on his match with a timing mistake, which cost him his whole first period. Cuko had to forfeit his possible third place match to an elbow injury.

Although still looking ahead, wrestlers prepare for the sectional tournament next weekend, with even bigger hopes to make it to states and face tougher competition.



Senior captain Joe Wioncek pins 189 wrestler from Silver Lake

Photo Courtesy of Emily Schultz

## GYMNASTICS UNDEFEATED IN REGULAR SEASON

Courtney Hannable '12  
**Staff Writer**

The Girl's Gymnastics Team has come a long way since last season when they finished with a 5-4 record and were seeded 11th out of twelve teams at Sectionals. This season, the girls had other plans in mind, going undefeated throughout the regular season, earning the NEC/CAL conference title.

The Lady Panthers' biggest meet of the season came last Saturday, January 29th, against Masco. Coming down to the last event routine of the night, the squad was able to come up with the win by only .05 of a point.

When asked about the meet, senior co-captain Cassie Clancy said, “I have never been so proud to be a part of this team, and to win like this is just crazy. To people who don't know gymnastics, winning by .05 tenths is like winning a hockey game in a shoot out.”

Coach Laurny Ginsburg shares similar feelings; when she was asked about the meet days later, she simply stated, “I'm still in shock!”

In the last meet of the season, the Panthers were able to top the Peabody Tanners by a \_\_\_\_points. Depth has not been a problem as the Lady Panthers have upward of nine girls ready to compete on each event.

Junior Taylor Metta and sophomore Adrianna Beatrice have provided the team with valuable scores throughout the season, competing in the two all-around spots for the majority of the season.

Senior co-captain Megan Harty has proved to be an asset to the team, along side juniors Courtney Hannable and Liz Layman, scoring for the team consistently in each meet. Sophomore Libby Rosenberry has also contributed to the team score with strong performances on the beam.

The Panthers are anxiously waiting to find out what place they will be seeded at the North Sectional Meet, where they hope to place within the top four teams to move on to the Massachusetts State Championships.

## A GOOD DAY FOR PUCK

Chris Mitchell '11  
**Staff Writer**

After several inches of snow week, many students were pleased to hear they had a snow day. For some students and teachers it was a great day to take time and sled, ski, snowboard, or just relax, but for my friends and me, it was a great day for some backyard puck.

We grabbed our sticks, gloves, and skates and laced up at a friends house because it has a decent size rink in his backyard. It was a great day for hockey. The snow had stopped; the sun was out, and when the rink was finally cleared, it was time to get started.

There were about ten people, and when we all hit the ice, it was nothing but checking, dangleing, and sniping. We played for a couple hours, and we all had a blast. It was a fun-filled day with non-stop chirping and laughter. It was the perfect activity for a snow day.

## Students afraid of too many snow days

Molly Morrissey '11  
**Staff Writer**

Winter has just begun and already BHS has had four snow days. The way the weather pattern is going, it seems as id there will be many more.

The snow days weren't due to a few inches of snow; they were due to feet. Over the past month we have collected almost three feet of snow.

Because of MY snowblower, there is a pile of snow in my yard that's taller than I am, and I'm just over five feet tall.

All over Beverly cars were sliding, children sledding, and snowmen appearing. There is layer after layer of snow, and when another storm comes along, where to put the snow will be challenge.

Underclassmen at Beverly High enjoyed the first couple snow days, but now everyone is hoping we stay snow free for a while. If the snow



Photo Courtesy of Mariah Thomas '11

continues to keep us from school, we may have to continue their year later into June.

Seniors at BHS, however, are saying, “Bring It On!” The seniors are loving the snow days because they don't have to make them up. Their release date and graduation date is set, no matter how many days the snow keeps students in their houses.

Some students stayed inside and read or watched TV. Others went out and made money shoveling or snow blowing neighbor's driveways and sidewalks.

A few people had friends come over the night before, so they could be snowed in together, and some enjoyed the private time and did the homework they had neglected the night before.

Whatever was done, student can't help admitting snow days are a nice break from reality.

## The Ledger

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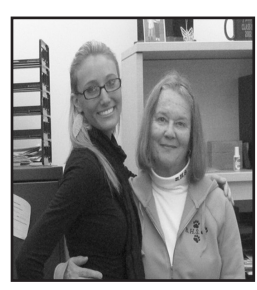
### Photography

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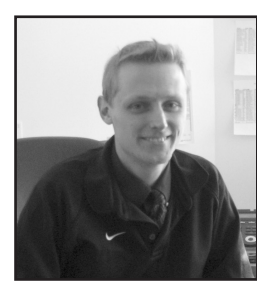
Statement of Purpose: The Ledger has been written and published by BHS students since 1979. The Ledger's aim is to explore and expose issues important to students and staff. None of the opinions expressed reflect those of Beverly Public Schools or BHS Administration. The Ledger does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, age or disability in admission or access to its programs, services or activities, in treatment of individuals with disabilities, or in any aspect of their operations.

## What do teachers do over the snow days?



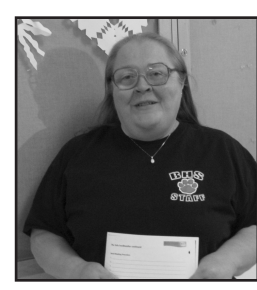
Mrs. Morris

*I shovel.*



Mr. Coffey

*I always work harder on snow days because I have to postpone all the games.*



Mrs. Pitman

*I sleep late, eat special breakfast, and drink my favorite coffee.*



Mrs. M

*I shovel, build igloos, do grades, and go sledding.*



Mr. Riordan

*I wake up early to shovel off the rink in my backyard, so that I can skate with my daughter.*