



THE LEDGER

“Veritas et integritas.”

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The Student Newspaper of Beverly High School

October 22, 2009

100 Sohier Road, Beverly, MA 01915

BHS NEWS IN BRIEF

AP SCHOLARS

An AP scholar award is granted to students who receive scores of 3 or higher on three or more AP exams. Seniors honored:

Laura Crowell	Abigail Kelly
Corynne Dedeo	Katherine Mahoney
Regan Imperiali	Christina Norris
Lia Kastrinakis	Nathaniel Shlein

LALLY NEC CHAMPION

Ryan Lally captured the Northeastern Conference individual championship, firing a 6-over 76 and registering one birdie and 11 pars.



Courtesy of Gainsboro Studios

BEST BUDDIES CANDLE SALE

The Best Buddies is once again hosting their 7th annual Yankee Candle fundraiser. If you are interested in purchasing any items, please feel free to contact any Best Buddies participant. The fundraiser runs until Nov. 2.

FLASH DRIVES

Do you need a flash drive? The computer lab in room G211 is selling four gigabyte flash drives for a low price of \$10.00. Quantities are limited so act fast!

ATTENDANCE REVIEW BOARD

The attendance Review Board will meet on **Oct 27, 28, and 29**. Any students who may fail for attendance should attend. Students must bring documentation to the meeting to justify the excessive absences/tardies.

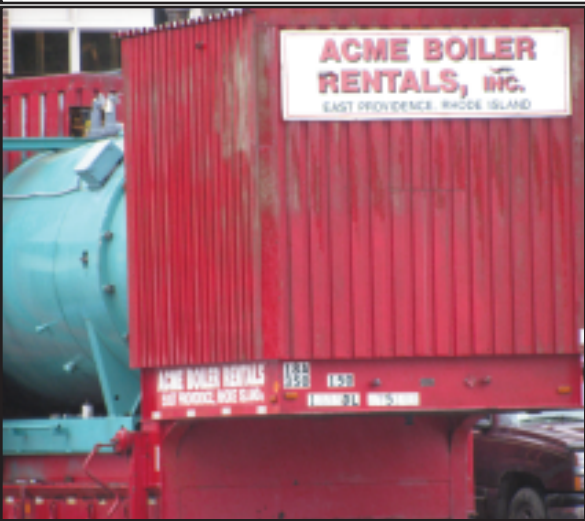
LEDGER ONLINE *IN COLOR!*

The Ledger is now available online in **full color**, at www.bhsledger.wikispaces.com. There you can also find information on The Ledger and archives of past issues.

SENIOR DATA SHEETS

Senior data sheets for the yearbook directory are due in A204 as soon as possible.

Feeling the heat at BHS?
Thank this Acme Boiler



The Ledger

Faculty Advisor
Jean McCafferty

Editors-in-Chief
Brian Holak '10
Lauren Lacy '10

Staff Writers
Molly Morrissey '11
Evan Derosby '10
Mark Hannable '10
Marshall Kelleher '10
Greg Perron '11
Angelica Marciano '10

Photography
Gainsboro Studios

Not your typical summer reading project . . .

Molly Morrissey '11
Staff Writer

What was your summer reading project? Flavia Kuchenny's project, based on *Before the Legend* by Christopher Farley, is a true work of art. The piece was so beautiful and creative, that it is currently the featured artwork on the BHS online home page.

Flavia Kuchenny '11 is one of the many great artists at Beverly High School, and her story is inspiring. Flavia moved to America from Brazil in 2001 at the age of 10. She misses the beauty of Brazil and her cousins that she grew up with there, but she is grateful for the opportunities and friends she has in America.

Flavia thinks of her artwork as another language, and everything around her speaks to her. When I asked when she started creating art, she said, "I have been making art ever since I was a little girl. Growing up in a third world country, you don't often have many opportunities to pick up an instrument, or play sports, etc. Art was always something I could find anywhere, explore it, and practice it."

Lately, Flavia has been enjoying using watercolor and ink, but she believes that it is necessary to use as many different mediums as you can in order to become a successful artist. She sees everything around her as a form of artwork, and her insight on the subject is very thoughtful.

Flavia's advice to us is to "Never stop learning,

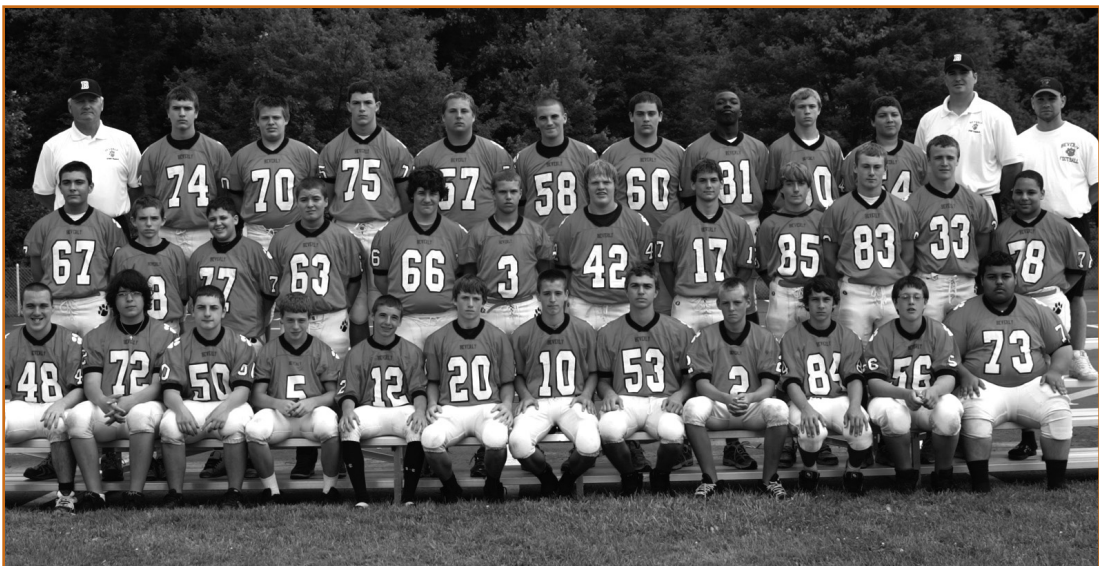


Artwork by Flavia Kuchenny for a summer reading project

creating and experiencing. Create something every day, even if it is just a cup of coffee, and always remember who you are.

One of Flavia's favorite writers, Rainer Maria Rilke once wrote: "No great art has ever been exposed or known without the artist knowing danger..."

Freshmen panthers go 5-0



Courtesy of Gainsboro Studios

The 5-0 freshman panthers have continued to win and it doesn't appear that they'll be stopping any time soon.

Evan Derosby '10
Staff Writer

On October 15th the BHS Panthers football team racked up their 5th win of the football season. But this football team wasn't the varsity squad; it was the undefeated freshman team.

The team has racked up 5 straight wins to start the season, defeating Melrose, Lynn English, Gloucester, Lynn Classical and Danvers.

Strong quarterback play from Dave Rollins and Brendan McGee has lead the way as they consistently are able to connect with wide receivers, Brendon Cronin and Ryan Shipp.

Passing isn't the team's only offensive weapon though, as they feature a running back split

between Kenny Pierce and Dom Abate who have frequently visited the end zone this season.

Beverly's dominant offensive line continues to stop the pass and open up holes for the run. Brian Perry '13 commented, "our offense could not work the way it does without the solid, steady play from the lineman up front."

As well as a deep offense head coach Dave Wilbur has instilled a tough defense. The defensive side of the ball is led by play-makers Zach Hall, Dan Hogen and Marc Babcock.

Consistent play on both sides of the ball has allowed the Panthers to roll over every opponent in their path. They look to staying undefeated this week at home against Winthrop.

Getting to Know... Charla Bouranis, Athletic Trainer

Mark Hannable '10
Staff Writer

24-year-old Charla Bouranis is in her second year of being athletic trainer here at Beverly and she has been a great addition to our school. When former athletic trainer Beth McLeod left the high school for a job in Boston, Beverly was in need of an athletic trainer who had previous experience in athletic training. The Panthers found the perfect fit for the job when they interviewed Bouranis. The Ledger sat down with Bouranis to learn more about her and her job.

The Ledger: Where are you originally from?

Bouranis: Swampscott. I have lived there my whole life.

The Ledger: What made you want to come to Beverly?

Bouranis: I wanted to work at a high school but also stay in the north shore.

The Ledger: When did you figure out you wanted to be an athletic trainer?

Bouranis: I had an idea when I entered college, but during my freshman year I knew for sure.

The Ledger: Have you had any prior jobs with athletic training?

Bouranis: I worked per diem for the city of Boston, and also worked for Suffolk University Hockey.

The Ledger: How do you pick which game to attend to when more than one is going on?

Bouranis: Varsity contact sports are my top priority.

The Ledger: What is your favorite part of being an athletic trainer? Least favorite?

Bouranis: My favorite part is being outdoors, helping players return from injuries, and working with athletes I have great respect for. The whole bad part is sometimes the scheduling gets tough.

The Ledger: Is there a sport you enjoy watching the most?

Bouranis: I enjoy almost all of them but my top three would have to be field hockey, football, and hockey.

The Panthers are lucky to have such a dedicated athletic trainer and hope to have her for many more years.

This *Activity* not for the faint-hearted

Marshall Kelleher '10
Greg Perron '11
Staff Writer

Paranormal Activity is a gripping and suspenseful horror that will keep viewers on the edge of their seats.

It portrays a newlywed couple that moves

REVIEW

into their first home. The wife, who lived in a house that was haunted since she was a child, is a ghost hunter. Her husband, however, is a skeptic.

When they begin hearing footsteps and other unexplained sounds, they start to believe the neighbor's warnings that the house is haunted.

Be warned that this movie is not for the faint of heart. In fact, people have fainted during the film.

Numerous believe watching this movie makes a viewer not want to sleep with the lights off anymore. A belief like that begs the question; can something like this really happen? *To you?* This may make the after-effects of this movie more difficult to endure, because you're not only going to be so afraid to walk around your home in the dark alone, you're also going to want to go out and hunt the paranormal yourself.

Although *Paranormal Activity* may inspire viewers, aspiring ghost hunters should only look for the paranormal if they're prepared to find something.

Overall, "Paranormal Activity" was one of the greatest horror movies of the 2009-year, even considering the low budget effects. It will surely send chills radiating through your body, and will certainly make you sleep with the lights on.

Let the *Wild* rumpus begin!

Angelica Marciano '10
Staff Writer

It's hard to find someone who hasn't read at least once *Where the Wild Things Are* by Maurice Sendak. It's even harder to find someone who hasn't heard of the recent movie.

Having grown up on the book myself, lap-

ping up the story of

an adventure spin-

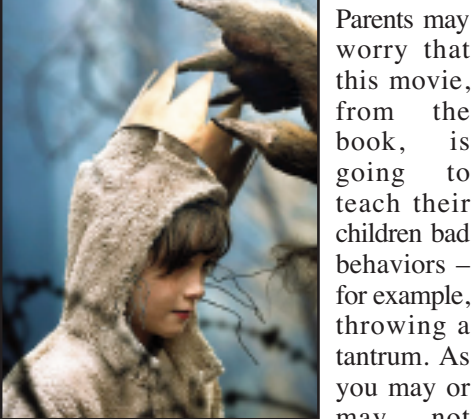
ning from a punish-

ment - I followed the

news of this from the very start.

I didn't think it would live up to the book. I didn't think Spike Jonze would be able to capture the essence ten-sentence book into over a one-hundred minute movie. I was wrong.

Some people may protest that it didn't follow the book exactly, but it captured the spirit of the book - and that is more important.



Parents may worry that this movie, from the book, is going to teach their children bad behaviors - for example, throwing a tantrum. As you may or may not have seen from the trailer, Max throws a tantrum, and runs away. Max isn't running away without a reason - he's confused, and hurt, and scared.

This movie isn't for children. Children can go, yes, but it's not specifically for children. My younger sister, age 5, went and enjoyed it thoroughly - but I enjoyed it more than she did. It's not a children's movie - it's a movie about being a child.

Spike Jonze captures it perfectly - Max Records (the actor who plays Max) is a huge asset. He is Max, in every way.

This actor shows such raw emotion that you can't help but be happy when he's happy and sad when he's sad. Bring your tissues, though, and prepare yourself for a total switch of emotion.

Where the Wild Things Are was, in my opinion, a fantastic movie. I would rate it **4.5/5** stars - although the ending bothered me, it might not bother others as much.

I highly recommend going to see this movie, even if you don't see it with a child. It's a movie about adventure - even the wildest of us fall prey to such daydreams.