



# THE LEDGER

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The Student Newspaper of Beverly High School      Sports Issue October 2, 2008      100 Sohier Road, Beverly, MA 0

## News In Brief

### ROTARY STUDENT OF THE WEEK

The Beverly Rotary club along with Beverly High School has created a Student of the month program. Students are nominated each week, in the areas of academics, citizenship, and leadership. At the end of each month one male and one female student is chosen as the student of the month. This week’s student are:

**Erin McAuliffe**  
**Rene Palomo**

### KEY CLUB AND MCJROTC BEGIN FALL FOOD DRIVE

Want to help make a difference? Key Club and MJROTC have started the fall food drive. Donate canned food items to help benefit the Beverly Bootstraps. Boxes can be found in all wing offices.

### NEW CLUBS START UP

Looking for a change of pace? Try one of the many new clubs at BHS. The Craft Club meets Thursday mornings and will be run by Mrs. Cohen. Students will share and create crafts. The Card Club meets after school in Ms. Regan’s room and is for anyone who enjoyed playing cards when they were younger and maybe make up some new games on their own. Other news clubs? Hacky Sack, run by Mr. Hernandez and the Book Club will both be starting soon.

### PSATs SATURDAY OCTOBER 18TH

The PSATs will be held at BHS on October 18th starting at 7:30 AM. Registration fee is \$25 before October 15th and \$30 until October 17th. See B-wing guidance for more information.

### DANCE CLUB AUDITIONS

Dance team auditions had an impressive turn-out, even with only two returning members, Keira Leslie ‘09 and Kat Fish ‘11. The dancers aim to perform at basketball games, pep rallies, and talent shows.

## YEARBOOKS ON SALE NOW!

*Yearbooks are on sale in A204 before and after school. \$50 cash or check made out to Beverlega 09. A deposit of \$25 can be made now and the remainder in the spring. You can also buy them on the web at [www.jostensyearbooks.com](http://www.jostensyearbooks.com).*

### User Fees: Are They Fair?

Courtney Hannable 12  
Staff Writer

The cost to play sports at Beverly has risen again. The user fee is between \$200 and \$300 depending on the sport. This is an increase in price of anywhere between \$15 and \$115. Are these high user fees fair? At Beverly High, there are many multi sport athletes and many families with multiple athletes. There is no family cap put in place so it could cost families a small fortune for their children to play sports. Beverly is not the only high school without family caps. Gloucester, Hamilton-Wenham, Masconomet, Pentucket, Rockport, Saugus, and Triton are all high schools without family caps.

The cost to play Beverly high school sports may seem completely outrageous, but compared to other cities along the North Shore, the prices are relatively low. Georgetown High charges \$370 to \$450 per sport. Hamilton-Wenham charges an extremely high \$282 to \$969 per sport. Masconomet charges \$250 to \$650 per sport. Relatively speaking, Beverly’s fees do not seem that bad.

So are these user fees fair? Although the fees are expensive, there is not much that can be done. The city of Beverly cannot afford to fund anymore of these sports. OPINION So these are the fees that must be paid. What if sports were completely cut? If student athletes refuse to pay the user fees, sports would be completely cut. Cutting sports from Beverly High School would truly be unfair to the many committed athletes.

Ultimately, it does not really matter if the fees are fair or not, but it is what must be done. The question is up to the individual athlete if the money is worth it to play the sport that they love and in most cases, the answer will be yes.

# 100 Wins for Girls Cross-Country?

## COACH DAVE JELLERSON

*Winning with Beverly Since 1995*



gainsboro Studios photo

“[The team] gives me 100% effort every day.”

Christina Norris 10  
Staff Writer

Over the past four years, the girls cross-country, indoor and outdoor track teams of Beverly High School have acquired an impressive 98 straight team victories.

This means seniors on the current team who have participated in all three seasons have never lost a meet in their high school careers. This also means that the current girl’s cross-country team will have a chance at achieving an astounding 100 consecutive victories.

The “one-hundredth meet” will take place on Tuesday, October 7, at Beverly’s home course at JC Philip’s Reserve on route 97 in North Beverly. The team will be facing Peabody High School.

Dave Jellerson, coach of Girls Cross-Country and Track Teams at BHS since 1995, suggests that the victory will not come easily. “[Peabody] has been great at the GBL (Greater Boston League Championship) in the past. They won in 2006. They’ve been a strong force of the Greater

Boston League for many years.”

The coach admits that the team has room for improvement. “We need to close the gap between the bulk of the team and the top three girls. The smaller that gap gets, the better our team will be.”

Co-captain Kelly O’Connor expects great things from the girls. “It should be a tough meet but we plan on working as a team and utilizing our depth to win.”

Jellerson is also confident in his team’s abilities. “[The team] gives me 100% effort every day.” When asked what he attributes to his success over the past four years, Jellerson answered, “The girls, first and foremost. Their enthusiasm, their talent, their tremendous work ethic, and their faith in me.”

Co-captain Katie vonZweck also attributes her personal success to the team. “If you were someone who had never been on a cross-country team before, you’d think it was about running. It’s not. Without my team, I wouldn’t consider myself a runner.”

## Volleyball: The new Ace at BHS

Kellie Shea 09  
Staff Writer

Volleyball has been on the rise at Beverly High. With the sports program starting last year, there are now 24 girls participating. This year, 18 girls are playing on the school’s first ever Varsity Volleyball Team, coached by Beverly High health teacher Ms. Pam Padovani; however, the team is not a member of an athletic conference like the NEC or GBL.



Courtesy of Connor Mahan

Since volleyball is not a popular high school sport on the North Shore, the team is playing independently. This means that they are playing teams from around here like Salem, as well as teams like Central Catholic and Winchester.

Senior Sabrina Salmela, as well as tri-captains Ally Detorre, Gina Pinciario and Courtney Chalifour,

have stepped up as leaders, both on and off the court. Chalifour said that the team is still learning basic skills, and, as a team, they hope to see more victories, although they have struggled thus far, winning tough sets.

Ms. Burke, guidance counselor at BHS, has taken over as the new JV coach.

## James Coffey Named New Athletic Director

Christina Norris 10  
Staff Writer

James Coffey, the new Athletic Director of Beverly High School, has come to Beverly with a positive attitude and fresh ideas. After growing up in Winthrop where he played football, basketball and baseball, Coffey felt becoming an athletic director was the right move.

“I went to Endicott [College],” Coffey explains, “and we were required to do internships. I did an internship with the athletic director at Winthrop. I had a blast and decided to pursue it as a career.”

Once he finished at Endicott College, Coffey was hired at Winthrop High School, working as the A.D. for three years before coming to Beverly.

Now that he has made his way to Beverly, Coffey plans on making some improvements. “One of the things I want to do is expand some of the programs. For instance, I want to expand golf and volleyball to include Freshmen and J.V. teams. I want to make sure every student has multiple options.”

“James is a great guy,” says Beth Macleod, Athletic Trainer at BHS. “He knows how to get things taken care of.”

“I love Beverly High School,” he says. “I love the town; the school is great; the kids are all terrific, and I love working with the administrative team: Mr. Gallagher, Mr. Bauer, Mrs. Brown and Mrs. Taylor. The coaches have all been great. I’m very excited. I love working here.”



gw shots

## Student Athletes of the Month

### Kelly O’Connor

Kim Ottinger 09  
Staff Writer

Kelly O’Connor ‘09 has recently broken the BHS course record. October 7 is the day that the Beverly Girls Cross Country Team faces Peabody in the hopes of getting their 100th win.



gainsboro Studios

O’Connor’s most memorable XC moment was either when “we (BHS XC) won the Bay State Invitational or when our top 5 girls placed 1-5, and all broke the course record at the Peabody meet, even though they thought they were going to beat us.”

For XC Kelly has been an NEC and Salem Evening News All-Star since freshman year; she was named a Boston Herald all star last year, and she has been NEC MVP for two consecutive years.

In addition to Cross Country, O’Connor swims for BHS and YNS (YMCA of the North Shore Sharks) and runs spring track.

She recently competed at YMCA Nationals, where she was an All-American in four events, placing 2nd in the 200 backstroke, 8th in the 100 backstroke, 12 in the 400; the team medley race was 14th. O’Connor was an NEC and Salem News All-Star and placed 2nd at states in the 100 back.

Kelly’s goals for this season as a team are to get BHS 100th XC win, be NEC Champs, and qualify for all-states as a team. After high school, She is planning to run independently; however, O’Connor hopes to pursue swimming as a team sport in college.

### Rashad Sims

Kellie Shea 09  
Staff Writer

Rashad Sims, running back and outside linebacker, has had a breakout season thus far as a captain of the football team. He has been a force, rushing for 189 yards and a touchdown while catching five passes for 33 yards and three touchdowns in the first two games.

As an outside line backer, he has to hit and contain the outside and control the team under all circumstances. He has stepped up on both offense and defense and hopes to continue doing so throughout the season. He wants to set a positive example for younger players to follow.

Since Sims was a sophomore, he has been a leader on the football field having started on defense and special teams. As a junior he recorded 608 yards.

Sims’ personal goal for the season is to have positive, successful games, so he can help his team win and ultimately make it into the playoffs. Another personal goal is to get 1000 yards this season. Rashad hopes to continue playing football in college and continue to improve throughout this season.

Rashad Sims not only plays football, he is also a returning player for the Beverly High Boys Varsity Basketball Team.



gw shots

## Meet Mr. Goodhue, new wellness teacher and assistant football coach

Hannah Pitman 11  
Staff Writer

New to the Beverly High teaching staff, is Mr. Ben Goodhue, also an assistant coach of the varsity football team. Mr. Goodhue has been teaching for 9 years, previously teaching at the middle school level. His favorite part of physical education is the active pace and movement concepts.

A former English teacher, Mr. Goodhue now teaches cooperative adventures and wellness. He enjoys being able to interact with kids and watch their growth in physical fitness. According to Goodhue, several goals he has

for the year is to, “Get used to the school, make new relationships with teachers and students, and be the best teacher possible.”

When asked how he was adjusting to Beverly High, he gave two thumbs up, saying that things were going pretty well, but he is still learning his way around the building and meeting nice kids



gw shots

and cooperative teachers.

When asked how he distinguishes between teaching and coaching football, his response was quite clear. “It’s two separate roles; teaching benefits everyone, where football is for a select group. I enjoy teaching and leave anything football related on the field.”

On an ending note, Mr. Goodhue was asked for some advice to give to kids in cooperative adventures and wellness. He left some words of wisdom saying that “You don’t have to like everything; it’s okay to be afraid, but never let your fear stop you from trying.”

## The Ledger

**Jean McCafferty**  
Faculty Advisor

**Margot Gahan ‘09**  
Editor-in-Chief

**Staff Writers**  
Courtney Hannable ‘12  
Kellie Shea ‘09  
Christina Norris ‘10  
Kim Ottinger ‘09  
Hannah Pitman ‘11  
Kellie Shea ‘09

[bhsledger@yahoo.com](mailto:bhsledger@yahoo.com)

The Beverly Citizen is pleased to  
work with our journalism partners  
at Beverly High School in  
providing you with this issue of  
The Beverly Ledger.

**BEVERLY CITIZEN**



197 Cabot Street • Beverly, Ma 01915  
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*Letters to the Editor*

#### Statement of Purpose

The Ledger is a newspaper written and produced during the school year by the students of Beverly High School. Founded in 1979, The Ledger provides students with a forum for information and an introduction to journalism. The Ledger's aim is to explore issues of importance to the students, faculty, staff, administration and parents of Beverly High School and to report on events of interest. None of the views expressed herein reflect the opinions of the Beverly Public Schools, its officers or employees. Editors are chosen by the faculty advisor, are unpaid, and participate on The Ledger on an extracurricular basis. The faculty advisor is chosen by the school administration. All educational and non-academic programs, activities, and employment opportunities at Beverly High School are offered without regard to race, color, sex, religion, ancestry, national origin, sexual orientation, disability, and any other class or characteristic protected by law. Students at Beverly High School are welcome to participate on The Ledger as writers, photographers, columnists, cartoonists, or artists. For more information, contact Mrs. McCafferty or J. Michael Nardella in A204.

Letters to the editor by students are encouraged. Letters should be signed, but unsigned letters will be considered for publication. Submit all letters to The Ledger at: theledger@yahoo.com. The editors do not guarantee that all letters will be published.

*Featured Student art of the Month:*



# SPORTS

## The Do's and Don'ts for Freshman

Heather McAvoy '08  
News Editor

### Don't

- make out in the hall way or the door ways. For one its gross, and it gets in the way. We don't need to see it.
- Stand in a large group in the middle of the hall. It is impossible to get around you and some of us do go here to go to class.
- Yell in the halls, apart from just being obnoxious, it is disrupting and we do come here to learn.
- Act like you are the coolest, you aren't.
- Date seniors, it's not your fault, it's the seniors but be responsible just say "no"
- Dress inappropriately, we know what a body looks like and we don't need to see yours.

### Do's

- join clubs and sports, not only are they a good time, and you will meet new people.
- Do good in school, when applying for colleges you will appreciate your hard work.
- Be kind to your teachers, you will one day need to ask for a recommendation from a few of them. Plus your grade will like you if they like you.
- Take lots of electives. BHS has a lot to offer, take advantage, you never know what you may be good at.
- Wear layers, it is either insanely hot or freezing, be prepared.
- Ask for help, high school is a lot more work, before falling behind ask for help from anyone.

## Frequently Asked Questions

### When does school start?

School starts at 8:15

### When does school end?

School ends at 2:33

### Where can I go to get my schedule changed?

Go to your Guidance Counselor and tell them what you want changed as soon as you can

### Do we have homeroom everyday?

No, homeroom is not every day. Only once in a while when you get report cards, and sometimes when the give out important notices.

### How do i know what lunch i have?

It depends on what class or classes you have EF block. Ask a teacher to help you figure it out.

### What do i do when i have been out sick?

Mke sure to get a note from your parent/guardian, then cring it to the office. The secretary will write you either a blue or or green slip. Then you show your slip to each of your teachers and collect the work you missed. It is important to get one of these slips so you can make up your work.

### What do i do when i am getting dismissed?

Bring a note from your parent/guardian and bring that to your office. The secretar will give you a white dismissal slip. Then, when you are being dismissed, show it to your teacher.

### How can i get involved?

It is really easy to get involved. Always listen to announcements to hear what activities are going on. You can always go to Guidance if you have any questions about the activities

### What are the best activities to join at BHS?

Any activity at BHS is great. Join anything that you like! Try not to worry about other people joining, its always nice to make new friends.



